

MONTEVERDI
CASTIGLIONCELLO DEL TRINORO
TUSCANY

THE SPA AT MONTEVERDI

MONTEVERDI SPA

Bask in the unique tradition of Monteverdi Spa, nestled in the rolling hills of the Tuscan Val d'Orcia.

Our signature treatments have been artisanally crafted to relax, refresh, and rejuvenate, utilizing the proven techniques of centuries past, and the finest of modern amenities.

Monteverdi Spa offers the very best of the healing arts, steeped in Tuscan history and artistry. We source all of our products from Officina Profumo Farmaceutica Santa Maria Novella. A Florentine institution, this ancient farmacia is among the oldest in the world, dating to the 13th Century Dominican friars who were inspired by the properties of local herbs, plants, and flowers to create the healing remedies and potions we still use today.



Outdoor soaking tubs at Monteverdi Tuscany

FACIAL TREATMENTS

THE MONTEVERDI FACIAL

An exclusive blend of Tuscan herbs—including echinacea, sage, burdock, and hamamelis—purifies pores and revitalizes the skin—an ideal treatment to battle the effects of fatigue and seasonal strain. The Monteverdi Facial utilizes ultrasound technology to enhance the effect of the all-natural herbal solution, permeating impurity on the dermis for a truly deep cleanse.

75 MINUTES € 200

SIGNATURE SKIN TREATMENTS

Monteverdi Spa's Signature treatments are optimized for a personal spa experience. Choose from one of our three specializations to customize your treatment to your specific needs.

MOISTURIZING

Ideal for dry and dehydrated skin, natural ingredients including avocado oil, jojoba oil, and beeswax provide for a moisturizing, emollient and elasticizing effect.

SOOTHING

Formulated for sensitive skin, this gentle blend of all-natural ingredients such as olive oil, shea butter, and essence of chamomile reduces inflammation and fortifies the skin with essential protective elements.

ILLUMINATING

Essential oils of wheat germ and avocado, and vitamins A, E, and F combine to enrich tired skin and reveal the youthful glow beneath.

50 MINUTES € 175

ANTI-AGING THERAPY

Restore your skin's natural buoyancy and elasticity with Monteverdi Spa's uplifting treatment. Our unique, pampering remedy combines the all-natural rejuvenating power of echinacea, tumeric, and ginko biloba with state-of-the-art ultrasound technology to tone the face, neck, and décolletage.

75 MINUTES € 200

EYE REJUVENATION TREATMENT

Refresh your “windows to the soul” with Monteverdi Spa's eye rejuvenation treatment—perfect for lightening dark circles, removing bags under the eyes, and smoothing orbital wrinkles. May be added to all other facial treatments.

30 MINUTES € 60

MASSAGE

SIGNATURE MASSAGE

Monteverdi Spa's Signature massage treatments are intended to repair and prepare the body to experience the tranquility of the Val d'Orcia in balance and harmony with one's spirit. Choose the massage treatment that best suits your needs.

RELAX

Soothing, harmonious movements promote physical and mental wellbeing in Monteverdi Spa's Signature leisure muscle treatment.

AWAKEN

The perfect remedy for a long journey to our Tuscan hills, “Awaken” restores circulation and relieves the tension of travel through a concentration on the core muscle groups and limbs.

ENERGIZE

Invigorate the body through deep pressure and the elimination of lactic acid. Ideal as a preparation before physical activity or immediately after to relieve muscle fatigue.

50 MINUTES € 125

75 MINUTES € 160

MASSAGE ENHANCEMENTS

Personalize your Monteverdi Signature Massage into an especially luxurious experience with any of the following locally sourced, body-enriching treatments.

OLIO OLIVA

Rich in beta carotene and Vitamins E and A, oil pressed from local olives provide nourishing and firming action for the skin.

VINO

Grape seed oil is enhanced with sweet pressed almond oil to produce an evocative, skin-softening, aromatherapeutic experience.

CIOCCOLATO

An aromatic blend of powdered cocoa and sweet pressed almond oil for an invigorating, gourmet body treatment.

SANTA MARIA NOVELLA CANDLEWAX

Harmony. Serenity. Let reality melt away with Santa Maria Novella's specially formulated therapeutic massage candle. Nourishing candle oil is dripped and massaged deeply into the skin.

50 MINUTES € 140

75 MINUTES € 170

DETOXIFYING MASSAGE

Restore balance to the body with our detoxification therapy—a massage treatment specially designed to relieve water retention and purify the lymphatic system.

75 MINUTES € 160

HOT STONE MASSAGE

Lava stones, inspired by the Monte Amiata volcano to the south, are heated to an ideal temperature for thermotherapy, reducing tension and restoring balance to the spine, supporting thoracic and lumbar muscle groups.

75 MINUTES € 160

BODY TREATMENTS

THE FULL MONTEVERDI

Monteverdi's very own signature spa treatment. The Full Monteverdi begins with an exfoliating salt scrub enriched with nature's local Tuscan treasures, including lavender, rosemary, lemon balm and sweet orange. It is followed by 30 minutes of soaking in our outdoor tub overlooking the Val d'Orcia then finished with a revitalizing, 60-minute massage.

120 MINUTES € 275

SCENT OF LAVENDER

This variation of the Full Monteverdi body treatment begins with a full-body lavender scrub, naturally removing outer layers of damaged or dead skin, followed by 30 minutes of soaking in our outdoor tub overlooking the Val d'Orcia, then finishing with a 60-minute rejuvenating moisturizing cream massage.

120 MINUTES € 275

ROSE AND IRIS BODY MOISTURIZING

A gentle body treatment with warm rose petal-infused spring water precedes an enriching iris powder body mask. After rinsing, thirsty skin is quenched with a rich hydrating body cream applied through massage, leaving muscles tranquil and skin soft.

135 MINUTES € 300

LOWER BODY TREATMENT

Alleviate fatigue in the legs with our specially designed lower body massage—ideal for recovery after hiking the Tuscan hillsides, flying across an ocean, or exploring our medieval towns. Emulsified iris powder gently scrubs the body, before cooling packs enriched with mint extract are placed strategically on the legs to reduce swelling and inflammation. After the packs are removed, legs are massaged to relieve soreness and improve lower extremity circulation.

75 MINUTES € 170

ETRUSCAN MUD TREATMENT

Bathe the skin in mud as old as the hills themselves. The Etruscan Mud Treatment begins with a light scrub of coffee beans and oil. The body is then coated with mineral-rich thermal clay, which dries into a full body mask. A rinse and a replenishment of skin hydration with a full body moisturizing cream massage concludes this indulgent, locally-inspired treatment.

100 MINUTES € 250

BATHING RITUAL

Decompress in one of our outdoor soaking tubs. Your body and soul will be renewed as you soak overlooking stunning views of the Val d'Orcia. Your therapist will help you to select the best local ingredients to infuse your bath water. A perfect addition to any massage, facial or body treatment.

30 MINUTES € 50

CANCELLATION POLICY

To ensure we provide the highest level of service to all of our guests, we ask that you cancel or reschedule your service 24 hours prior to your scheduled appointment. Cancellations within 24 hours may be subject to fees.

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